

## Curriculum Vitae

**JENNIFER HOLT, M. Ed. (Counselling)**

***Registered Psychotherapist (Registration #002913) CRPO***

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## **EDUCATION**

**1998 UNIVERSITY OF WESTERN ONTARIO (ALTHOUSE COLLEGE)**

London, ON

**M.Ed., Counselling Psychology**

Course work completed with 91.43% average

**Internship: Sexual Assault Center of London (SACL)**

**1996 UNIVERSITY OF WESTERN ONTARIO (KING'S COLLEGE)**

London, ON

**B.A. *With Distinction*.** Majors: Women Studies and Sociology

## CLINICAL EXPERIENCE

### *Holt Counselling & Consulting Services – January 2008 to Present*

\* Owner of private practice counselling service which specializes in servicing clients who have engaged in: sexual offences; abusive behaviours in an intimate relationship; who are survivors of sexual/physical abuse; who struggle with anger management issues; or who are the non-offending parent of a person who has committed a sexual offence; who are suffering from complicated grief issues; addiction issues; relationship issues; mental health disorders such as depression and anxiety; unresolved trauma; as well as transgendered issues.

\* Qualified as an expert witness in the risk assessment of, and treatment for individuals who have engaged in sexual offending behaviour.

\*From November 2024 – Present, provide individual and couple counselling remotely to adults and teens through *Guidepoint Clinic*, for individuals with presenting issues such as: sexual offences/engaging in unhealthy sexual behaviours; addiction issues; relationship issues; unresolved trauma; and those struggling with anger management issues.

\*From December 2024 – Present, provide individual counselling remotely to adults and teens through *Help in Ontario* (a subsidiary of *Red Cedar Psychology, Assessment and Communications Remote Services* based out of Alberta), for individuals with presenting issues such as: unresolved trauma; addiction issues; and mental health disorders such as depression and anxiety.

\*From January 2025 – Present, provide individual and couple counselling remotely to adults and teens through the *Truman Group*, for expatriates living around the world with presenting issues such as: anxiety; depression; maintaining sobriety; grief and loss; marital and family issues such as parenting and family dynamics; cultural displacement; dislocation from family; isolation; stress and the unique challenges of being a “third culture” teen.

\*From January 2017 – Present provide individual and couple counselling remotely to employees and dependents of the *Members Assistance Program (MAP) UFCW Cananda Local 12R24, The Beer Store*, for individuals with presenting issues such as: workplace issues; survivors of sexual/physical abuse; those who struggle with anger management issues; individuals who are suffering from complicated grief issues; addiction issues; relationship issues; mental health disorders such as depression and anxiety; unresolved trauma.

\*From January 2019 – March 2025 provide individual and couple counselling remotely to employees and dependents of *Accuride* (London, ON) for individuals with presenting issues such as: workplace issues; survivors of sexual/physical abuse; those who struggle with anger management issues; individuals who are suffering from complicated grief

issues; addiction issues; relationship issues; mental health disorders such as depression and anxiety; unresolved trauma

\*From January 2019 – Present provide counselling remotely to First Nations individuals through the *First Nations Non-Insured Health Benefits (FNIHB)* program through Indigenous Services Canada (a Government of Canada Funded Program) who are presenting with issues such as: complicated trauma; survivors of sexual/physical abuse; those who struggle with anger management issues; individuals who are suffering from complicated grief issues; addiction issues; relationship issues; mental health disorders such as depression and anxiety

\*From March 2007 – March 2025 provide individual counselling in-person and remotely for the *Ministry of the Solicitor General of Ontario* for adults (male and female) serving a Provincial Probation term for either having committed a sexual based offence, or an intimate partner violence-based offence

\* From 2007 – Present provide detailed risk assessment utilizing: STATIC-99R; STABLE 2007; ACUTE 2007; and ROSAC for adult male sex offenders

\* From 2007 – Present provide detailed risk assessment utilizing the ERASOR (Estimate of Risk of Adolescent Sexual Offence Recidivism) for juvenile sex offenders

\* From 2007 – Present provide detailed risk assessment utilizing the ARMIDLO (Assessment of Risk and Manageability of Individuals with Developmental, Intellectual or Learning Limitations Who Offend) a dynamic risk tool that assesses stable and acute risk factors for developmentally delayed, intellectually challenged, and acquired brain injury adult male sex offenders

\* From 2007 – Present provide detailed risk assessment utilizing the ISORA-8 (Iowa Sex Offender Risk Assessment) with male and female adult and youthful (juveniles adjudicated and waived to adult court) sex offenders. It may be completed on incarcerated offenders, offenders under supervision in the community, and offenders who will be released from prison with no further supervision. The ISORA-8 may be completed on offenders whose offenses involved contact sexual offenses, non-contact sexual offenses and/or other sex-related offenses

\* From January 2008 – March 2022 provided the Sex Offender Rehabilitative Program (SORP) for the *Ministry of Community Safety and Correctional Services* for adults (male and female) serving a Provincial Probation term in: Middlesex County; Elgin County, Lambton County; Chatham-Kent County; Perth County; & Oxford County

\* From January 2008 – March 2022 provided of the Anger Management Change is a Choice program for the *Ministry of Community Safety and Correctional Services* for adult males serving a Provincial Probation term in Middlesex County

\* From January 7<sup>th</sup>, 2013 - March 30<sup>th</sup>, 2015, provided group counselling for developmentally delayed adult males who receive services through *St. Leonard's Society* (London) in the Supported Independent Living (SIL) program

\* From January 2011 to December 2012 was the Clinical Consultant for *St. Leonard's Society* (London), providing clinical supervision for front-line and supervising staff who work with adults who have been convicted of sexual based offences and/or violence related offences

***L.E.A.C. London Employee Assistance Consortium – January 2016 to June 2019***

\* Jennifer Holt was the owner and the Executive Director of *LEAC Ltd (London Employee Assistance Consortium)* a boutique organization which provided EAP counselling services many municipalities, police services, and factories in Elgin and Middlesex Counties

***Sex Offender Specialist – September 2007 to December 2007  
Changing Ways, London***

\* Oversaw the day-to-day implementation of the sex offender program (SOAR – Sex Offender Accountability and Responsibility program)

\* Conducted a detailed risk assessment utilizing the STATIC-99 and the STABLE-2000 for all referred candidates of the SOAR program

\* Provided psycho-educational and process-oriented group counselling to men who have been convicted of sexual offences and who are serving a Provincial probation order in the community

\* Provided psycho-educational and process-oriented group counseling to women who have been charged with assaulting their intimate heterosexual partner (Partner Intervention Program, PIP)

\* Conducted the Anger Management Change is a Choice group for adult males identified as having an anger management issue

\* Provided psycho-educational and process oriented individual counselling to homosexual men and women who have perpetrated violence and abuse in their intimate primary relationship

\* Field placement supervisor for M. Ed, B.S.W., and S.S.W. students

***Program Manager - 2003 to September 2007***  
***Changing Ways, London***

- \* Oversaw the day-to-day implementation of the woman abuse program Partner Assault Response Program (PARs), Partner Intervention Program (PIP), and sex offender program (SOAR)
- \* Provided clinical supervision to all staff who provide direct service work with Changing Ways' clients
- \* Provided psycho-educational and process-oriented group counselling to men who have been convicted of sexual offences as defined by the Criminal Code of Canada (SOAR)
- \* Conducted the Anger Management Change is a Choice group for adult males identified as having an anger management issue
- \* As of 2006 conducted a detailed risk assessment utilizing the STATIC-99 and the STABLE-2000 for all referred candidates of the SOAR program
- \* Provided psycho-educational and process-oriented group counseling to women who have been charged with assaulting their intimate partner (PIP)
- \* Field placement supervisor for M. Ed, B.S.W., and S.S.W. students
- \* Developed policies and procedures relevant to the counselling program
- \* Co-Chaired the Court Advisory Committee in Chatham-Kent County

***Clinical Supervisor and Men's Counsellor - 1998 to 2003***  
***Changing Ways***

- \* Provided psycho-educational and process-oriented group counselling to men who have perpetrated violence and abuse in their primary relationship (PARs)
- \* Provided psycho-educational and process-oriented group counselling to men who have been convicted of sexual offences as defined by the Criminal Code of Canada (SOAR)
- \* Provided clinical supervision with all counselling staff in both an individual and group setting
- \* Conducted the Anger Management Change is a Choice group for adult males identified as having an anger management issue
- \* Field placement supervisor for M. Ed, B.S.W., and S.S.W. students

- \* Developed policies and procedures relevant to the counselling program
- \* Developed schedules for all groups

***Group Counsellor - 1999 to 2001***  
***Sexual Assault Centre London (SACL)***

- \* Provided psycho-educational and process-oriented group counselling to female survivors of sexual assault
- \* Conducted Intake Interviews with prospective group members
- \* Conducted Exit Interviews with group members

***Community Outreach Counsellor - 1998***  
***Womanpower, Inc.***

- \* Co-facilitated the "Search of Self" Group; group counselling for women on F.B.A, G.W.A. or from low-income families
- \* Conducted intake interviews with clients
- \* Acted as a community liaison to promote group to referral agencies
- \* Performed workshop evaluation by administering pre- and post-workshop measures
- \* Participated in the coordination of on-site childcare and provided supervision to caregivers

**ACADEMIC TEACHING EXPERIENCE**

**Master's of Education Counselling Psychology, University of Western Ontario,  
Althouse College**

**Adjunct Professor, Althouse College, UWO – 2006 to 2013**

- Taught Theories of Counselling class (course number 544a)
- Co-Taught Group Counselling class (course number 9543)

**Thesis Examiner, Althouse College, UWO – 2006 to Present**

- Co-examined Graduate Level thesis

**Guest Lecturer, Althouse College, UWO – 1999 to 2011**

- Lectured regarding counseling for men who have engaged in abusive behaviours towards their intimate heterosexual partners, or who have engaged in sexually abusive behaviours, in the Counselling and Diversity class (course number 553a)

**Guest Lecturer, Althouse College, UWO – 2006 to 2011**

- Lectured regarding counselling for men who have engaged in sexually abusive behaviours and who have been victimized themselves in the Trauma & Recovery Class (course number 555)

**Fanshawe College – London Ontario**

**Lecturer – 2003**

- Taught Introduction to Psychology (course numbers 125 & 325)

**King’s College - University of Western Ontario**

**Instructor - 2003**

- Co-Taught an experiential one-day seminar for the class “Communication with the Dying and Bereaved”

**WORKSHOPS, WEBINARS, & PRESENTATIONS FACILITATED**

**11 Months & Counting: How to Maintain One’s Mental Health During a Global Pandemic – 2021**

\*Facilitated 1 ½ hour zoom workshop for Knox Presbyterian Church, St. Thomas

**Sexual Recidivism Risk Assessments – 2019**

\*Facilitated an hour workshop for the Organization of Counsel for Children’s Aid Societies, Spring Conference, London, ON

**Working with Convicted or Accused Sex Offenders – 2019**

\*Facilitated a three-hour workshop for Addictions Studies Forum Inc., 60th Annual Institute on Addictions Studies, London, ON

**Working with Convicted Sex Offenders – 2019**

\*Facilitated a full-day workshop for front line staff at Horizon House, John Howard Society of Red Deer, AB

**Sex Offenders? Yikes! I Don’t Want to Work with Them: Clinical Experience Workshop – 2013**

\* Facilitated an evening clinical experience workshop for Purdue Pharma for Child Psychologist and Psychiatrists, and Pediatricians working in Elgin and Middlesex Counties

**Sex Offenders? Yikes! I Don't Want to Work with Them: A Webinar Presentation – 2013**

\* Facilitated an hour webinar workshop for the Canadian Counselling and Psychotherapy Association (CCPA) for psychotherapists who are considering working with convicted sex offenders

**Sex Offenders? Yikes! I Don't Want to Work with Them: An Hour Workshop – 2012**

\*Facilitated an hour workshop at the Canadian Counselling and Psychotherapy Association (CCPA) Annual Conference in Calgary Alberta for psychotherapists who are considering working with convicted sex offenders

**Sex Offenders? Yikes! I Don't Want to Work with Them: Clinical Experience Workshop – 2012**

\* Facilitated an evening clinical experience workshop for Purdue Pharma for Child Psychologist and Psychiatrists, and Pediatricians working in Calgary Alberta

**Sex Offenders? Yikes! I Don't Want to Work with Them! Half-Day Workshop – 2011**

\*Facilitated training half-day workshops for the Ontario Half-Way House Association in Kingston, ON for front-line staff and management who have convicted or accused sex offenders on their case load

**Boundaries and Ethical Dilemmas: How it Affects Our Work – 2011 to 2019**

\* Facilitated training half-day workshops for St. Leonard's Society of London for front-line staff and management to examine how boundary blurring and ethical dilemmas impact workers

**Trauma Informed Counselling – 2011 to 2019**

\*Facilitated training half-day workshops for St. Leonard's Society of London for front-line staff and management to examine how clients' past trauma impacts their ability to participate in and utilize counselling

**Motivational Interviewing: How to Not Engage in Power Struggles with Your Clients – 2011 to 2019**



\* Facilitated training half-day workshops for St. Leonard's Society of London for front-line staff and management who have difficult to engage clients on their case load

**Sex Offenders? YIKES! I Don't Want to Work with Them! Half-Day Workshop – 2011 to 2019**

\* Facilitated training half-day workshops for St. Leonard's Society of London for front-line staff and management who have convicted or accused sex offenders on their case load

**Sex Offenders? YIKES! I Don't Want to Work with Them! Half-Day Workshop – 2010**

\*Facilitated two half-day workshops for the Children's Aid Society in Oxford County for front-line staff and management who have convicted or accused sex offenders on their case load

**Sex Offenders? YIKES! I Don't Want to Work with Them! One-Day Workshop – 2009**

\*Facilitated a one-day workshop for the Children's Aid Society in Elgin County for front-line staff who have convicted or accused sex offenders on their case load, and foster parents who have juvenile sex offenders in their home

**SOAR (Sex Offender Accountability and Responsibility) Training- 2002**

\* Co-designed and co-lead a two-day workshop designed to train probation and parole officers to facilitate group work for men who have been convicted of sexual offences

**Marriage Preparation Classes  
2001**

\* Facilitated a psycho-educational session on "Boundaries and Healthy Relationships" for couples preparing to enter into marriage

**RELATED TRAINING & PROFESSIONAL DEVELOPMENT**

Truman Group – Adolescent Anxiety & Depression in International Schools – 2025 – Dr. Sean Truman & Dr. James Rosow - Virtually

Association for the Treatment and Prevention of Sexual Abuse 43rd Annual Research and Treatment Conference – 2024, San Antonio, Texas

SAARNA – Sex Matters: Risk Assessment of Women Who Sexually Offend –  
Dr. Franca Cortoni – 2024 -Virtually

Association for the Treatment and Prevention of Sexual Abuse – Mastering the Art of  
Reading and Grasping Meta-Analysis – Dr. Maaïke Helmus & Dr. Kelly Babchishin –  
2024 - Virtually

Association for the Treatment and Prevention of Sexual Abuse 42nd Annual Research  
and Treatment Conference – 2023, Aurora, Colorado

Association for the Treatment and Prevention of Sexual Abuse 41st Annual Research and  
Treatment Conference – 2022, Los Angeles, California

Western Regional Sex Crimes Conference – 2022 – Virtually

Association for the Treatment of Sexual Abusers 40th Annual Research and Treatment  
Conference – Blending Voices. Strengthening Lives - 2021, Virtually

Attachment Science in Action: Emotionally Focused Couple and Individual Therapy –  
Dr. Leanne Campbell (in lieu of Dr. Susan Johnson due to illness) – 2021, Virtually

Association for the Treatment of Sexual Abusers 39th Annual Research and Treatment  
Conference – Blending Voices. Strengthening Lives - 2020, Virtually

Association for the Treatment of Sexual Abusers 38th Annual Research and Treatment  
Conference – Blending Voices - 2019, Atlanta, Georgia

Association for the Treatment of Sexual Abusers 37th Annual Research and Treatment  
Conference – Better Together - 2018, Vancouver British Columbia

Association for the Treatment of Sexual Abusers 36th Annual Research and Treatment  
Conference – Creating Balance - 2017, Kansas City Missouri

Center for Addiction and Mental Health (CAMH) Sexual Behaviours Clinic 6<sup>th</sup> Annual  
Education Workshops – Toronto, 2016

Association for the Treatment of Sexual Abusers 35th Annual Research and Treatment  
Conference – Different Roles, Same Goals: Preventing Sexual Abuse – 2016, Orlando,  
Florida

Association for the Treatment of Sexual Abusers 34<sup>th</sup> Annual Research and Treatment  
Conference – Breaking New Ground: Understanding and Preventing Sexual Abuse –  
2015, Montreal, Canada

Association for the Treatment of Sexual Abusers 33<sup>rd</sup> Annual Research and Treatment  
Conference – Transforming Research into Practice – 2014, San Diego, California

Center for Addiction and Mental Health (CAMH) Sexual Behaviours Clinic 4<sup>th</sup> Annual Education Workshops – Toronto, 2014

Association for the Treatment of Sexual Abusers 32<sup>nd</sup> Annual Research and Treatment Conference – Shouldering Responsibility: Making Society Safer – 2013, Chicago, Illinois

Center for Addiction and Mental Health (CAMH) Sexual Behaviours Clinic 3<sup>rd</sup> Annual Education Day – Toronto, 2013

Association for the Treatment of Sexual Abusers 31<sup>st</sup> Annual Research and Treatment Conference – New Frontiers in the Management and Treatment of Sexual Abusers – 2012, Denver, Colorado

Canadian Counselling and Psychotherapy Association – Reflecting on Self & Practice – 2012, Calgary, Alberta

Association for the Treatment of Sexual Abusers 30<sup>th</sup> Annual Research and Treatment Conference – New Frontiers in the Management and Treatment of Sexual Abusers – 2011, Toronto, Canada

5<sup>th</sup> Annual Risk and Recovery Forensic Conference – 2011, Hamilton, Ontario

Association for the Treatment of Sexual Abusers 29<sup>th</sup> Annual Research and Treatment Conference – New Frontiers in the Management and Treatment of Sexual Abusers – 2010, Phoenix, Arizona

Ontario Provincial Police Crime Prevention Section in partnership with the Canadian Centre for Abuse Awareness – Understanding and Responding to Male Sexual Victimization – 2010, Stoney Creek

Child Sexual Abuse: Victim Impact, Sex Offenders: Denial, Deception and Manipulation – 2010 – Dr. Anna Salter, London

Association for the Treatment of Sexual Abusers 28<sup>th</sup> Annual Research and Treatment Conference – New Frontiers in the Management and Treatment of Sexual Abusers – 2009, Dallas Texas

Association for the Treatment of Sexual Abusers 27<sup>th</sup> Annual Research and Treatment Conference – Teamwork in Trying Times: Improving Our Responses to Sexual Abuse – 2008, Atlanta Georgia

Massachusetts Association for the Treatment of Sexual Abusers 10<sup>th</sup> Annual Joint Conference on the Assessment, Treatment and Safe Management of Sexually Abusing Children, Adolescents, and Adults – 2008, Marlborough Massachusetts

Static and Dynamic Risk Assessment of Sexual Offenders – 2008 Dr. Andrew Harris & Dr. Dana Anderson, Toronto Ontario (Sponsored by Simcoe Psychology)

Association for the Treatment of Sexual Abusers 26<sup>th</sup> Annual Research and Treatment Conference – Partners, Policies and Practices: Making Society Safer – 2007, San Diego California

3<sup>RD</sup> International Conference – Children Exposed to Domestic Violence – 2007  
Centre for Children and Families in the Justice System - London

Field Traumatology: Preparation for Crisis Response – 2006  
Oklahoma Traumatology Institute (Solutions on Site) Dr. Jim Martin

Children as Victims and Witnesses of Domestic Homicides – 2006  
Dr. Peter Jaffe - London

Static and Dynamic Risk Assessment of Sexual Offenders – 2006  
Dr. Dana Anderson, Psych. - Toronto

Clinical Supervision Skill Development – 2006  
Joyce Scaife - London

Critical Incident Stress Management (CISM): Group Crisis Intervention – 2005  
International Critical Incident Stress Foundation – London City Police

From Roots to Wings: The Future of Batterer Intervention – 2005  
Dearborn, Michigan

Understanding & Managing Sex Offenders (Dr. Robin Wilson) – 2005  
Sex Offenders Service Providers Committee - London

Enhancing Police Intervention in Domestic Violence – 2004  
London, Center for Children & Families in the Justice System

Intersections Between Domestic Violence & Childhood Maltreatment – 2004 Toronto

Normal Sexual Development in Children & Identification & Treatment of the Under 12 Sexual Offender – 2002, Dr. Vickie Wolfe & Amanda Topsham - (Children's Aid Society - London)

Working with Sexual Offenders – 2001, Dr. Carolle Trembley - London

Assessing Risk Posed by Male Batterers: - 2001  
Risk Assessment Training for Workers in Community Settings  
Dr. Gregory Kerry - Toronto

Gender Issues for Women Who Work with Male Perpetrators of Violence – 2001  
Dr. Smita Vir Tyagi - Toronto

Field Instructors Course: Module 1, 2, & 3 – 2001  
King's College - School of Social Work - London

Sex Offender Treatment Programs: - 2000 Are They Working? Where do we go from Here?  
Dr. Andrew Harris, Sexual Assault Centre, London

Community Based Risk Management of Sexual Offenders – 2000 Dr. Robin Wilson -  
Sexual Abuse Committee, Toronto, Probation and Parole

Preparation for Running a Group with Sexual Offenders – 2000  
Dr. Carolle Trembley - Sarnia, Probation and Parole

Child Abuse 2000 – 1999  
London Family Court Clinic

From Depletion to Strength: Phase-Oriented Psychotherapy with Trauma Clients 1999  
Gail Fisher Taylor - Committee for Adult Survivors of Childhood Sexual Abuse, London

Building Self-Esteem – 1999  
Kathy Glover Scott- King's College, U.W.O, London

Women Counsellors who Work with Men who Batter – 1999  
Counterpoint Counselling & Educational Co-operative, Toronto

Helping Can be Hazardous to Your Health: Managing the Cumulative – 1998 Effects of  
Vicarious Trauma - Deborah Sinclair, Social Work Staff, LHSC and King's College,  
UWO

Can Confidentiality Survive? – 1998 A Day of Study on Disclosure of Personal Records  
in Sexual Assault Cases  
Metropolitan Action Committee on Violence Against Women and Children

## **PROFESSIONAL AFFILIATIONS**

The Association for the Treatment and Prevention of Sexual Abuse (ATSA), Clinical  
Member

Massachusetts Association for the Treatment of Sexual Abusers (MATSA)

Massachusetts Adolescent Sex Offender Coalition (MASOC)

Canadian Counselling and Psychotherapy Association (CCPA); Certification Number  
5957

Ontario Association of Mental Health Professionals (OAMHP)